

A reflection of all things Lipari

Lipari's Big Addition



In the past year Lipari Foods has made some big changes, not only within the organization but within the community as well. Back in 2015, the company made the decision to expand its footprint with the construction of a state-of-the-art frozen warehouse facility across the street from the existing distribution center on Bunert Rd. This came about in response to the need for additional warehouse square footage, particularly space that was close to the current headquarters

on Bunert Road. Partnering with Ashley Capital, Lipari Foods acquired two auto salvage yards on the east side of Bunert to construct the facility. The acquisition of this land provided over 17 acres to build an efficient new specialty freezer warehouse. Teaming up with The Tippman Group who constructed the main distribution center on Bunert in 2006, it's projected that the building will be fully operational by the end of July 2017. Because of the construction of this facility and the added distribution capabilities it represents, Lipari anticipates the creation of over 300 direct and indirect jobs across the network.

The new warehouse space is larger and more ambitious than any other of the Lipari facilities to date. It will stand 36 feet tall and house 252,000 square feet, providing an entire extra layer of pallet storage more than the main warehouse

now! It will also feature 27 truck bays to unload and load product onto its climate-controlled dock. Because of this additional space and where it is located, the frozen inventory currently found at the main warehouse will be relocated to this facility. The construction of this building will also allow Lipari Foods to move much of the inventory from the other remote warehouses, such as DFL Logistics in Detroit, to the new building and back to the main distribution center. Having most of the inventory on Bunert Road, will result in enhanced shipping efficiencies due to the proximity of the warehouses.

We're excited to have this new space online soon!

It will stand 36 feet tall and house 252,000 square feet, providing an entire extra layer of pallet storage more than the main warehouse now!

Why do you walk...?

Cora's Corner:



"I have seen a positive effect in everyone participating in our daily walks. I, as well as all the other employees look forward to going outdoors for some natural air and clearing our heads and recharging our batteries as they say. Not only do I believe it is beneficial to our health and our mental well-being, but also gives everyone a chance to interact as well as share a common interest and goal."

Desanka Gruevski – Receptionist

"I definitely feel like I get a lot out of going on the walks. I would say these are the three biggest benefits for me personally:

- Getting to know co-workers I didn't really get to know or talk to very much before we started walking together.
- Being out in the sunlight after spending most of the day in a cubicle without a window definitely seems to give me a physical/mental/emotional boost.
- It's really energizing to go walk and get the endorphins going mid-afternoon since most of my day is spent sitting at a computer without much movement/physical activity."

Mehgan Berry - Credit Assistant

One, it gets me away from my desk, if I didn't take the 10am walk I wouldn't move until noon which is when I take my lunch. Secondly, it's nice to get out of the building and get some fresh air. Third, it is nice to socialize with people that are not in my department I have gotten the chance to better know people that I work with and they have gotten the chance to know more about me. Lastly, it has motivated me to enter a Marathon in September."

Megan Brown – Customer Service Associate

"First of all, it is one of the few exercises that cost nothing!!

Walking break during work gets me away from my desk, outside (fresh air...yay!) and interacting with my co-workers. I enjoy finding out about their families, friends and what is going on in their lives and unfortunately they get to hear about mine.....poor souls."

**Lorraine McIntosh
Accounts Payable Supervisor**

"Coming back from the walk I feel alive. Physically, walking everyday has helped with the swelling in my legs. This program is heaven-sent."

**Arlene Gouin
Accounts Receivable Scanner**



Benefits of Walking During the Workday

As many of you know, Lipari Food's is now holding daily walks inspired by my health journey. They are twenty minutes long and take place at 10am and 2pm. So far it has been a great success, but if you need some extra encouragement here are the health and mental benefits of stepping outside during the workday".

Reduces Mental Fatigue – Scientists have found that walking particularly through green spaces allows for quiet contemplation, reducing mental fatigue, sharpening concentration and helping fight off the mid-morning or mid-afternoon slump.

Promotes Creativity – A study from the American Psychological Association found that unique and creative ideas were generated far more frequently by a group of walking individuals compared to those inside and stationary.

Boosts Your Mood – It's no secret that exercise that makes us feel good, but the extra endorphins during the workday help employees combat stress and become more productive.

Reduces Risk of Chronic Disease – Including but not limited to; high cholesterol, heart disease, diabetes and high blood pressure.

So as the weather gets warmer, I encourage you to join me on my daily walks. It is a great opportunity to get some fresh air, connect with your colleagues, and get ready to take on the rest of the day.

See you then!

Cora

Mirror Tribute - Scott Foster



We are honored to feature Scott Foster in this month's Mirror Tribute. Scott is a Transportation Supervisor here at the Corporate Headquarters in Warren. He's the face and voice our local Metro Drivers see every day. Not only does he direct, help facilitate deliveries, and pick-ups; he's busy helping others outside of Lipari Foods.

For the last few years, Scott has found that the Make-A-Wish Foundation is very near and dear to his heart. In June he received an award for Make-A-Wish for being the Top Individual Fundraiser for the Organization.

His first year, he raised \$13,000 in two months! He was disappointed in his second year, as he only raised \$6,000 in only one month. Of course, being his humble self, he deflected the spot light on him to recognize his teammates and his wife Cathy as the real winners. He couldn't have done that without the love and encouragement of loyal and selfless supporters.

When asked why he worked so hard on his own time to benefit an organization such as Make-A-Wish, he remarked: 'it's for the kids!'